

# South Carolina Lay Servant Academy August 3, 2024

Washington Street United Methodist Church

1401 Washington Street

Columbia, SC 29201

9:00 a.m.—4:00 p.m.

Lay Servant Academy is when we Train the Trainers to facilitate course within their district or other districts.

Registration: 8:30 a.m. - 9:00 a.m.

Welcome

Devotion

Session on Teaching Adults: (Everyone is required to attend)

Lunch: 12:00—1:00 p.m.

Class sessions: 1:15 p. m.—4:00

(You requested additional time in the sessions and we listened)

District Directors Session (All District Directors must attend)

The registration link/spreadsheet will be sent to the District Director to register for all attendees. Each district should send someone to attend each session.

Cost: \$25.00 Registration Deadline: July 26, 2024
For additional information, contact Betty Void(bjvoid0629.bv@gmail.com) or Pamela Goodwin-Glover (paamglover@aol.com?

# Sessions

### Teaching Adults—Rev. Walter Strawther

Columbia & Hartsville District's Congregationalist Specialist

### Dare to Shift

Deacon Cathy Joens—Epworth Children's Home

### Forgiving What You Can't Forget

Marlene Sipes—Columbia District Lay Servant

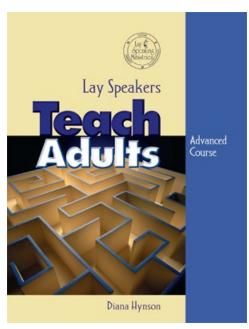
## **Life Together in the United Methodist Connection**

Herman Lightsey—Columbia District Lay Servant

**Lay Servant Basic?** 

Leader's Guide to Lay Pastoral Care Giving

Rev. Mack McDowell—Lexington UMC Sr. Pastor



by Diana L. Hynson

### Clergy & Laity Discipleship

This Leader's Guide is a PDF download only. The course is designed to help provide a basic understanding of the ways adults learn and grow.

The Participant's Guide for this course, *Start Here*, by Barbara Bruce may be purchased <a href="http://bookstore.upperroom.org/Products/DR303/start-here.aspx">http://bookstore.upperroom.org/Products/DR303/start-here.aspx</a>

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### **Participants Guide**

Start Here

## Teaching & Learning with Adults - Participant's Guide

by Barbara Bruce

It's hard to know which is more intimidating: a roomful of wiggling pre-schoolers or know-all adults.

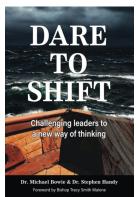
"Adult students come with their own agendas and will connect learning to what's going on in their lives," writes Bruce. "They learn what they want to learn." Both facts present challenge and great opportunity to teachers, according to Bruce. "Adults are eager to learn and are searching for meaning, but we must break through their initial reluctance to encourage them to think, question, and make connections."

Based on some of the latest theories about faith development and learning, *Start Here* offers practical, down-to-earth strategies designed for teaching adults. Whether you're a Sunday school teacher, a Bible study teacher or a teacher in another setting, you'll find instruction in creating environments where adults grow in faith through your guidance.

### Topics in *Start Here* include:

- planning a lesson
- dealing with disagreement in class
- information about adult faith development
- creating an environment that galvanizes faith formation and faith sharing
- methods to engage a variety of learning styles
- the latest data in how adults learn
- using learning hooks to increase participation

Discussion questions at the end of each chapter are included.



# DARE TO SHIFT: Challenging Leaders to a New Way of Thinking—Leader's Guide

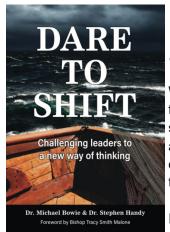
For nearly three years, the world has experienced a disruption that changed life as we knew it. This disruption has forced us to shift in every area of life. Friends, nothing will ever be the same. How we shop, work, and even worship has forever changed. Let's be honest. A major shift has happened!

In this book, co-authors Michael Bowie and Stephen Handy discuss how the Resurrection of Jesus caused the ultimate disruption to life, changing the landscape of the world for all time. The authors write that adaptive leadership is vital for this next iteration of ministry. To

be effective, we must be nimble, flexible, and open to new ways of ministry. We can no longer rely on how we've always done things. We must be willing to shift and do ministry in uncommon, uncertain, and uncomfortable ways.

As society continues to navigate and adjust to this new reality, we need to transform our complacent mindset into a creative one. This book will challenge readers to make intentional shifts in their understanding of relationships, leadership, stewardship, and discipleship.

Readers are encouraged to embrace new models and concepts compelling you to be more curious, creative, and courageous. Michael Bowie and Stephen Handy encourage readers to make the needed shift to experience the abundant life we were meant to live, moving beyond an ordinary life of routine and comfort.



# Dare To Shift Workbook: Challenging Leaders to a New Way of Thinking - Participants Guide

When you were younger, did your friends ever dare you to do something like climb a tree or roll down a hill? Maybe they even double-dared you to do something that seemed uncomfortable like riding a ten-speed bike when you were accustomed to pedaling with training wheels. Did you take the dare? When was the last time someone dared you to take the training wheels off of your thinking and to shift how you do ministry, how you lead in your organization, or how you operate your business?

In this workbook, Dare To Shift: Challenging Leaders to a New Way of Thinking, Michael L. Bowie, Jr. and Stephen E. Handy, two pastors and adaptive leaders who have suc-

cessfully shifted and led their organizations through change when disruptions happened, use the story of Jesus telling the disciples to shift to the right side of the boat to catch fish, as an invitation for leaders who are ready to do a new thing and experience unlimited possibilities.

The authors use their visionary leadership and innovation to offer insight, practical application, engaging illustrations, and a compelling narrative that will help you pause, reflect and shift as a leader. Don't wait until a disruption happens. Get ahead of it and get ready to S.H.I.F.T.

### SC Lay Servant Academy 2024 Courses

LYSA TERKEURST
#1 New York Times Bestselling Author of Uninvited

FORGIVING
WHAT YOU
CAN'T
FORGET

DISCOVER HOW TO MOVE ON, MAKE PEACE
WITH PAINFUL MEMORIES, AND CREATE A LIFE

You deserve to stop suffering because of what other people have done to you.

Have you ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind? You know you can't go on like this, but you don't know what to do next. Lysa TerKeurst has wrestled through this journey. But in surprising ways, she's discovered how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right. Lysa will help you:

- Learn how to move on when the other person refuses to change and never says they're sorry.
- Walk through a step-by-step process to free yourself from the hurt of your past and feel less offended today.
- Discover what the Bible really says about forgiveness and the peace that comes from living it out right now.
- Identify what's stealing trust and vulnerability from your relationships so you
  can believe there is still good ahead. Disempower the triggers hijacking your emotions by embracing the two necessary parts of forgiveness.

# EXAMPLE OF THE PROOF ON, MASS PLACE

### Study Guide:

Why should I have to be the one who forgives when I'm the one who has already suffered the most?

We know God commands us to forgive. But **how**, when the hurt plays over and over in our mind? And **why**, when we have already suffered so much? And, **are there exceptions**, such as when the other person keeps inflicting pain?

Lysa TerKeurst has walked this journey, carrying so many wounds that felt unforgivable, that she at first refused to write these lessons! But after more than 1,000 hours of theological study, Lysa has discovered that Scripture not only offers the truth about forgiveness that our souls desperately need, but practical ways to let go of our bound-up resentment and finally heal. Lysa says about these sessions, "If you were to ask me, of all the Bible lessons I've taught, which are my favorites? These would

be it." In Forgiving What You Can't Forget, with deep empathy and therapeutic insight, Lysa helps us: Learn how to move on when the other person refuses to change and never says they're sorry.

- This study helps you walk through a step-by-step process to free yourself from the hurt of your past and feel less offended today.
- **Discover what the Bible really says** about forgiveness and the peace that comes from living it out right now.
- **Identify what's stealing trust** and vulnerability from your relationships so you can believe there is still good ahead.
- **Disempower the triggers** hijacking your emotions by embracing the two necessary parts of forgiveness. If you have felt stuck in a cycle of unresolved pain, or resistant to forgiving people who aren't willing to make things right, you need the life-giving freedom that comes with *learning how to forgive what you can't forget.*

#### Sessions include:

- 1. What Am I Supposed to Do with All the Hurt?
- 2. Your Mind, Your Mouth, Your Master
- 3. The Divine Echo
- 4. There's Always a Meanwhile
- 5. The Compounding Effect of Unforgiveness
- 6. This Isn't Easy, But It Is Good



### Leader's Guide

## Life Together in the United Methodist Connection

by Beth Galbreath (Author)

Life Together in the United Methodist Connection is an advanced course in Lay Servant Ministries that gives participants an overview of the structure and organization of The United Methodist Church. The course is arranged in five two-hour sessions with short devotionals at the beginning of each session intended to ground class instruction and discussion in scripture. Life Together in the United Methodist Connection is required for Lay Servants who wish to become certified Lay Speakers and an excellent resource for any small group desiring a greater understanding of how United Methodists related to one another both at home and around the world.

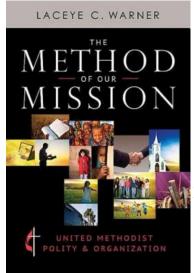
Download a free Leader's Guide ISBN:978-0-88177-701-7

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The Upper RoomImprint:
Discipleship ResourcesPublication

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## Participants Guide

# The Method of Our Mission: United Methodist Polity & Organization

by Laceye C. Warner (Author)

Theology shapes who we are and how we organize to transform the world. Especially written for required United Methodist classes, this accessible book uses a Wesleyan theological frame—connection—to help readers understand United Methodism's polity and organization as the interrelationship of our beliefs, mission, and practice. The book is organized into four parts—United Methodist beliefs, mission, practice, and organization. Polity and organization are primary

embodiments of The United Methodist Church. Functional in nature, these aspects of the denomination facilitate our mission to make disciples for the transformation of the world. This book connects denominational governance and organization to our beliefs as well as our mission. A clear understanding of our identity—as Methodists with Wesleyan roots in connection—and our purpose—to make disciples for the transformation of the world—can help students of United Methodism navigate this treacherous landscape as present and future leaders. Warner also addresses the estrangement between theology and institutional structures and practice by framing governance practices and organizational structure within a Wesleyan theology of connection. This approach will assist current and future denominational leaders in understanding their practices of administration and participation in polity as a theological endeavor and key component of their ministries.

## A Leader's Guide to Lay Pastoral Care Giving

### by Brian Jackson

This Leader's Guide will assist a course facilitator to conduct the course on Lay Pastoral Care Giving. The text for this course is *Lay Pastoral Care Giving* by Timothy M. Farabaugh.

The purpose of this course is to equip laypersons for the task of providing care for persons in the congregation who are experiencing life-changing events. Participants will be introduced to the concepts of lay pastoral care, which includes discussion and demonstration of appropriate interactions and responses in various caregiving situations. There is a review of life and faith passages to help caregivers understand the responses of those who find themselves experiencing changes in health and family circumstances. Opportunities are provided for participants to develop sensitivity and confidentiality.

Through verbatim transcripts and reporting to supervising clergy, participants become accountable for providing support to those who need emotional and spiritual care. The leader is guided through each session with listed outcome goals; opening and closing devotions and prayers; and discussion topics and formats, including small-group time and journaling. Time frames are given for each section of the five 2-hour sessions.

Available https://turciderprod.blob.core.windows.net/media/EN/Products/DRPDF596.jpgLY as a PDF download.

## Lay Pastoral Care Giving

by Tim M. Farabaugh

A distinguished historian, academic and occasional evangelist I know was hushed by his stunned wife after he said to a friend he was visiting in the hospital, "I hope you don't die." A sentiment delivered sincerely but oh-so-awkwardly.

Expressing care to someone in need—whether within the community of faith or beyond—may seem the most natural thing in the world. For some, it is; for others, it's less so. All can improve.

Learn to reach out with God's love and care for others as outlined in this practical book. Farabaugh offers a systemic path for pastoral care using the gifts of the laity in the church.

"At a district Council on Ministries' meeting, our conversation focused on the realization that most of the clergy had no assistance in the area of pastoral care and felt overwhelmed by their many, sometimes conflicting, responsibilities," writes Farabaugh. "Most of the churches did not train anyone in caring ministries. Today it is time for clergy and laity to partner in caring for one another."

Unique to this course is the ongoing training and accountability meetings outlined for those in this invaluable ministry. During the monthly meetings, participants report on what they have learned and also study aspects of caring for situations and conditions of life, such as illness, suffering, grief and loss.

Leader's Guide: Leading in Lay Pastoral Care

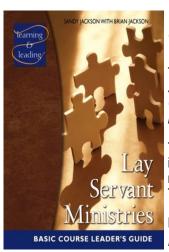


# Lay Servant Ministries Basic Course Participant's Book

"God calls you to a life of servanthood as a disciple of Jesus Christ. ... Lay Servant Ministries is the first step for many laypersons toward their faith journey as they strive for a closer relationship with the Lord," the authors write in the introduction.

The Lay Servant Ministries Basic Course is a foundational course designed to equip new church leaders and renew current leaders in The United Methodist Church. It explores personal spiritual gifts, servant leadership, each leader's role in developing future leaders, the importance of consistent spiritual practices, the core ministries of Leading, Caring, and Communicating and much more.

The Basic Course can be used for both adults and youth. Consisting of five two-hour sessions, it may serve as a short-term study for small groups, Sunday school classes, and new member classes.



# Lay Servant Ministries Basic Course Leader's Guide

The Lay Servant Ministries Basic Course Leader's Guide is an introductory course designed to equip new church leaders and renew current leaders in The United Methodist Church. It can be used with adults and youth and is the foundational course for other leadership training courses.

This course covers the 3 three core categories of Lay Servant Ministries: Leading, Caring, and Communicating; it also emphasizes ministry in daily life and sharing faith stories. The plans in this Leader's Guide are designed to be taught in 5 two-hour sessions. They can also be used over a weekend.

NOTE: This guide replaces the Lay Speaking Ministries Basic Course Leader's Guide, DR551. If you have taught the Basic Course before, you will need to adjust your teaching plans to emphasize the core categories described above.